

The Child Is Not Evidence

Your child is a child, not a message.
Protect their childhood from adult conflict.

Your child is not there to:



Prove a point



Explain another adult



Take sides



Repeat private conversations



Carry adult conflict

Your child needs you to:



Listen



Stay calm



Let their words be their own



Keep questions gentle



Protect their space
to just be a child

Listen for connection, not confirmation.
Be their parent, not their investigator.

*Keep the conflict between adults.
Keep the focus on your child.*

