



When I Keep You Out of Adult Conflict

When I keep you out of adult conflict, I teach my child:



1 You don't have to choose sides



2 Adult problems are not yours to carry



3 You are not a messenger



4 You are allowed to love freely



5 Your job is to be a child, not manage adults



My conflict is not your burden.

They're learning that love does not have to be divided to be safe.

